

ROTARY YOUTH EXCHANGE PROGRAM - DISTRICT 7390

GUIDELINE FOR INBOUND STUDENTS (A)

Welcome to the United States and to Rotary International District 7390. The District committee and all Rotarians are happy to serve as your hosts and will do everything possible to make your year an enjoyable, happy and culturally profitable experience!

It is necessary that you understand what is expected of you and the rules you must follow during your year in the United States. It is also necessary that you use good judgment and act in a mature manner. When situations arise which are not covered in these guidelines, please discuss these with your host family and/or Rotary Counselor.



GENERAL GUIDELINES

1. Follow the rules of D7390 YEP at all times.
2. Learn to speak and write the **English** language as quickly as possible. Be careful with words and phrases whose meanings you do not fully understand or that may be considered improper to use around others. (Slang and swear words)
3. Choose your friends wisely and carefully. Your host family should get to know and approve of your friends, where you are going, and what you are doing. Bring your friends home occasionally to meet your host family.
4. Make many friends and avoid becoming romantically involved. You may accept dates with the approval of your host family but do not date the same person continually. When out with friends or on a date, make certain you follow the rules set by your host family regarding time to be home, where you may go, and with whom.
5. Do not carry large amounts of **money** with you for it may be lost or stolen. Keep your money in the bank as arranged by your Rotary Counselor or Chairman.
6. You may not **drive** any motor vehicles, including a car, motorcycle, moped, golf cart, jet ski or lawn tractor. Classroom driver training instruction may be attended in school but you may not drive the car. You may not get your driver's license while in the USA.
7. **Alcoholic beverages** are illegal for students under age 21 to purchase or drink. You could be arrested, fined, imprisoned and/or sent home if you break this law. If you find yourself at a party with alcohol, leave immediately. Call your host family or Rotary counselor to pick you up if needed. They will be happy to pick you up.
8. **Drugs** are illegal and could result in a fine, imprisonment and/or being sent home.
9. **Passport, DS-2019 and Visa** should be given to your Rotary counselor with your return airline ticket. The counselor will keep it in a safe place until you need it. Your visa is good for only 365 days - you must return home at the end of your exchange year.
10. **Travel** must be approved by your host family, Rotary counselor and DYE Chairman. Please use the "Permission to Travel" form and fax or mail to the DYE office as soon as plans are made. Follow the guidelines on the form for details.
11. You are a Rotary Youth Exchange **Ambassador** and representative of your country, so make this a pleasant, enjoyable and highly successful experience by following the rules and taking advantage of every opportunity available during your year.

FAMILY AND COMMUNITY

1. Be a member of the family - not a houseguest. Accept the family and their rules and participate fully in the work, activities and responsibilities of the family. **Help** with cooking, shopping, cleaning, gardening, etc. as a member of the family.

2. Address family members as they wish - Mom/Dad, first name, nicknames.
3. **Dress appropriately**, asking for help as needed.
4. Follow the family rules, especially on curfew and rules about use of telephone, computer, television, refrigerator and stereo system.
5. Be open with your host parents and **communicate** with them in a sincere manner. They want to help you. Meal times are often the best time to have good talks. Set aside time for your host family - to do something with them or just to talk -especially on the weekends. Include time with your host siblings, especially younger children.
6. Remember your host families are taking the place of your natural family for this year. Respect, obey and love them.

SCHOOL

1. Regular **attendance** at school is required.
2. Do your best in your classes and maintain passing grades or better in all subjects (A grade of "C" or 75%). You may be sent home if you are not working hard in school.
3. Go to as many school events and participate as much as possible. Be active in extracurricular activities, sports, theatre, band, etc.
4. Introduce yourself and **smile** at everyone.
5. Follow the dress and conduct rules of the school
6. If you have any difficulty in a subject, ask for help from your teachers, guidance counselor, host family members, Rotary counselor as soon as possible.

Be.....
 LIKABLE
 OPEN
 HONEST
 FRIENDLY

= LOVE

Show.....
 ENTHUSIASM
 SINCERITY
 MODESTY
 SMILE

= WANTED

Have.....
 GOOD TASTE
 UNDERSTANDING
 TOLERANCE
 PATIENCE

= INFORMED

Always be.....
 GRACIOUS
 CONSIDERATE
 COURTEOUS
 APPRECIATIVE

= GRATEFUL